


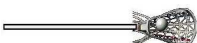





# *Mendham-Chester*

## *"Little Kid's Lax" 2009*

### *Introduction to Lacrosse for Area Kindergarten, 1<sup>st</sup> & 2<sup>nd</sup> Graders*

-  Five one-hour beginner clinics
-  Open to boys in kindergarten, and kindergarten, 1<sup>st</sup> and 2<sup>nd</sup> grade girls from Chester and Mendham
-  4:00 to 5:00 PM, Sundays. April 19, 26 & May 3, 17, 31. Field location at Brookside Community Club Fields in Mendham.
-  A low-key introduction to the game - some throwing, catching, scooping, cradling. Plus you'll learn a little history of the game and have lots of FUN!
-  Players will only need a stick, no other equipment will be used since we will use a soft ball. No contact of any kind will be permitted. Sticks are available for \$30 the first Sunday.
-  There is no cost for the clinic, however all players will be required to join US Lacrosse. Please logon to [www.uslacrosse.org](http://www.uslacrosse.org), the national organization providing supplementary insurance coverage for players and coaches.
-  Sponsored by Onyx Lacrosse.

Please mail forms to Amy Herman PO Box 7 Mendham NJ 07945 For info:973-895-9673 or e-mail:

[aherman1125@aol.com](mailto:aherman1125@aol.com)

**PLEASE REGISTER ASAP**

Mendham Little Kids Lax is not a school sponsored activity

# Little Kids Lacrosse

## Registration 2009

Player Name \_\_\_\_\_ Grade and Age \_\_\_\_\_

Date of Birth \_\_\_\_\_ School \_\_\_\_\_

Mom's Name \_\_\_\_\_ Dad's Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

Town \_\_\_\_\_ e-mail \_\_\_\_\_

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Medical Restrictions? If so, please produce details \_\_\_\_\_

Allergic to Medications? If so, please provide details \_\_\_\_\_

US Lacrosse Player Number \_\_\_\_\_

### Important Notes:

- Parents must provide proof of membership in US Lacrosse for each participant before beginning clinics. Waivers must also be signed and submitted.
- US Lacrosse registration available online at [www.uslacrosse.org](http://www.uslacrosse.org)
- Parents are welcome to stay during the clinics.
- Parents wishing to help in any capacity are welcome. No prior lacrosse experience necessary.
- Players are asked to bring their own sticks or You can purchase sticks for \$30 at the clinic. Our sponsor, Onyx Lacrosse will have some loaner sticks available at clinics.