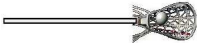








# *Mendham-Chester*

## *"Little Kid's Lax" 2010*

### *Introduction to Lacrosse for Area Kindergarten, 1<sup>st</sup> & 2<sup>nd</sup> Graders*

-  Five one-hour beginner clinics
-  Open to boys in kindergarten, and kindergarten, 1<sup>st</sup> and 2<sup>nd</sup> grade girls from Chester and Mendham
-  4:00 to 5:00 PM, Sundays. April 11, 18, 25 & May 2, 16, 23.  
Field location at Brookside Community Club Fields in Mendham.
-  A low-key introduction to the game - some throwing, catching, scooping, cradling. Plus you'll learn a little history of the game and have lots of FUN!
-  Players will only need a stick, no other equipment will be used since we will use a soft ball. No contact of any kind will be permitted. Sticks are available for \$30 the first Sunday.
-  There is no cost for the clinic, however all players will be required to join US Lacrosse. Please logon to [www.uslacrosse.org](http://www.uslacrosse.org), the national organization providing supplementary insurance coverage for players and coaches.
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Please mail forms to Amy Herman PO Box 7 Mendham NJ 07945 For info: 973-895-9673 Amy or Liz Woodhour at 973-543-1363 e-mail: [aherman1125@aol.com](mailto:aherman1125@aol.com) or [woodhour@yahoo.com](mailto:woodhour@yahoo.com)

**PLEASE REGISTER ASAP**

Mendham Little Kids Lax is not a school sponsored activity

# Little Kids Lacrosse

## Registration 2010

Player Name \_\_\_\_\_ Grade and Age \_\_\_\_\_

Date of Birth \_\_\_\_\_ School \_\_\_\_\_

Mom's Name \_\_\_\_\_ Dad's Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

Town \_\_\_\_\_ E-mail \_\_\_\_\_

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Medical Restrictions? If so, please produce details \_\_\_\_\_

Allergic to Medications? If so, please provide details \_\_\_\_\_

US Lacrosse Player Number \_\_\_\_\_

### Important Notes:

- Parents must provide proof of membership in US Lacrosse for each participant before beginning clinics. Waivers must also be signed and submitted.
- US Lacrosse registration available online at [www.uslacrosse.org](http://www.uslacrosse.org)
- Parents are welcome to stay during the clinics.
- Parents wishing to help in any capacity are welcome. No prior lacrosse experience necessary.
- Players are asked to bring their own sticks or You can purchase sticks at the clinic.
- Must include an email address above to receive updates and weather cancellations.